



# Week 1

Autumn/Winter 2023/24 Menu

Weeks Starting:  
30th Oct, 20th Nov,  
11th Dec, 15th Jan, 5th Feb,  
4th March and 25th March



## Monday

### Option 1

Cheese and Tomato Pizza with Pasta Salad

### Option 2

Pesto Pasta

### Option 3

Jacket Potato with Cheese or Tuna

### Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

### Dessert:

Chef's Shortbread

## Tuesday

### Option 1

Beef and Vegetable Pasta Bake

### Option 2

Sweet Potato Whirl with Rice

### Option 3

Cheese or Tuna Wrap

### Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

### Dessert:

Fruit Yoghurt

## Wednesday

### Option 1

Roast Chicken with Roast Potatoes and Gravy

### Option 2

Quorn Sausage with Roast Potatoes and Gravy

### Option 3

Cheese or Tuna Wrap

### Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

### Dessert:

Chef's Flapjack

## Thursday

### Option 1

Spanish Chicken with Rice

### Option 2

Meat Free Bolognese with Pasta

### Option 3

Cheese or Tuna Wrap

### Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

### Dessert:

Toffee Apple Crumble with Custard

## Friday

### Option 1

Harry Ramsden's Fish with Oven Chips

### Option 2

Cheese and Onion Slice with Oven Chips

### Option 3

Cheese or Tuna Wrap

### Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

### Dessert:

Mandarin Jelly

Twelve15

# Week 2

Autumn/Winter 2023/24 Menu

Weeks Starting:  
6th Nov, 27th Nov,  
1st Jan, 22nd Jan,  
19th Feb and 11th March



## Monday

### Option 1

Pasta Twists  
with Tomato Sauce

### Option 2

Bombay Beans  
and Cheese Topped  
Potato Crispers

### Option 3

## Tuesday

### Option 1

Pork Sausages with  
Creamy Potato and  
Gravy

### Option 2

Meat Free  
Sausages with Creamy  
Potato and Gravy

### Option 3

Tuna or Cheese  
Wrap

## Wednesday

### Option 1

Roast Gammon  
with Roast Potatoes  
and Gravy

### Option 2

Meat Free Lattice  
Slice with Roast  
Potatoes and Gravy

### Option 3

Jacket Potato with  
Cheese and Beans

## Thursday

### Option 1

Spaghetti  
Bolognese

### Option 2

Bean Burrito  
with Salad

### Option 3

## Friday

### Option 1

Fish Fingers with  
Oven Chips

### Option 2

Meat Free Hot Dog  
with Oven Chips

### Option 3



### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

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Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Sides

Seasonal Vegetables,  
Salad Bar, Fresh  
Bread

### Dessert:

Shortbread Biscuit  
with Fresh Fruit Slices

### Dessert:

Fruit Yoghurt

### Dessert:

Raspberry Ripple Vanilla  
Ice Cream Sponge Roll

### Dessert:

Chocolate Pear  
Sponge with Custard

### Dessert:

Butterscotch  
Tart



Vegetarian



Contains a minimum of 50% fruit

Twelve15

# Week 3

Autumn/Winter 2023/24 Menu

Weeks Starting:  
13th Nov, 4th Dec,  
8th Jan, 29th Jan,  
26th Feb and 18th March



## Monday

### Option 1

Macaroni Cheese

### Option 2

Pesto Pasta with Peas

### Option 3

Tuna or Cheese Wrap

### Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

### Dessert:

Fruit Yoghurt

## Tuesday

### Option 1

Beef Burger in a Bun with Oven Chips

### Option 2

Meat Free Burger in a Bun with Oven Chips

### Option 3

### Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

### Dessert:

Apple Sponge with Custard

## Wednesday

### Option 1

Roast Chicken with Roast Potatoes and Gravy

### Option 2

Cauliflower & Broccoli Cheese with Roast Potatoes and Gravy

### Option 3

Jacket Potato with Cheese and Beans

### Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

### Dessert:

Vanilla Ice Cream

## Thursday

### Option 1

Keralan Chicken and Butternut Squash Curry with Rice

### Option 2

Keralan Spinach and Butternut Squash Curry with Rice

### Option 3

Tuna or Cheese Wrap

### Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

### Dessert:

Peaches Muffin

## Friday

### Option 1

Harry Ramsden's Fish with Oven Chips

### Option 2

Vegan Nuggets with Oven Chips

### Option 3

### Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

### Dessert:

Chocolate Cookie



Vegetarian



Contains a minimum of 50% fruit