

# Moving

Believe in  
children  
Barnardo's



## Forward Project

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✉ [moving.forward@barnardos.org.uk](mailto:moving.forward@barnardos.org.uk)

*Through a range of activities, including a weekly youth group, Saturday days out and residential stays, we help to promote life skills and independence in young people aged **12 - 18 years** old who have a diagnosis of **Autism, Asperger's Syndrome or Learning Difficulties.***

*Also 1-2-1 support available for 8-25 years old through Nexts Steps Personal Support*

### **AUTUMN & WINTER ACTIVITIES 2019-2020**

#### **Youth Group**

*The life and social skills youth group is a 10 week programme which runs term time with a different life skills focus. The service aims to support young people in becoming more independent, building their confidence and expanding their social circle whilst having fun. This is currently being held at The Grange in Great Bookham, on a Thursday evening at 5.30pm-8.30pm. It is £200 per person, £20 per person per session which includes an evening meal and end of term celebration. We also have swimming pool faculties at The Grange and therefore have organised a few of the youth groups to include some time in the pool.*

#### **Saturday Lunch and Laugh**

*Saturday Lunch and Laugh runs between 11am to 3pm. The session is planned to include a fun activity each week as well as a lunch either a packed lunch or a meal out. Information on whether a lunch is required for the day is provided on the booking form. These are bookable in advance and you can choose which ones you would like to book depending on location or interests.*

#### **Fun Days Out**

*Our Youth Group runs term time only, therefore, we also offer Fun Days Out which include a range of exciting activities, including a trip to a London Museum. These are bookable in advance and you can choose depending on cost and interest as to which ones you attend.*

*Harvester      London      Christmas Panto      Toby Carvery      Bowling*  
*Curry      Swimming      Pottery Painting*  
*Train Journeys      Laser Quest      Shopping      Farm Trips*

**Call us on 01293 610692**

**or email [moving.forward@barnardos.org.uk](mailto:moving.forward@barnardos.org.uk)**

**for more information or to see our planned activities**

Barnardo's Moving Forward Project

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