

Introducing Family Foods



A list of 0-19 Team workshops at local Childrens Centres

Advice on introducing family foods for babies aged over 4 months

Date	Time	Centre
Wednesday 03 April	1-3pm	Steppingstones
Thursday 11 April	10am-12pm	Welcare
Thursday 25 April	12-2pm	Dovers Green
Wednesday 01 May	1-3pm	Steppingstones
Thursday 09 May	10am-12pm	Welcare
Thursday 16 May	1-3pm	The Red Oak
Thursday 25 May	12-2pm	Dovers Green
Wednesday 06 June	1-3pm	Steppingstones
Thursday 13 June	10am-12pm	Welcare
Thursday 27 June	12-2pm	Dovers Green
Wednesday 3 July	1-3pm	Steppingstones
Thursday 11 July	<i>Time & venue to be confirmed.</i>	
Thursday 25 July	12-2pm	Dovers Green

Please call the Children's Centre to book onto a workshop

Welcare – 01737 780884 – 24 Warwick Road, Redhill RH1 1BU
Steppingstones – 01737 780255 – Ifold Road, Redhill RH1 6EG
Dovers Green – 01737 223621 – Rushetts Road, Reigate RH2 7RF
The Red Oak – 01373 645908 – Radstock Way, Merstham RH1 3NH



Welcare House, 24 Warwick Road, Redhill RH1 1BU
T 01737 780884 E redhill@welcare.org

Find out more about us: welcare.org/redhillchildrenscentre



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