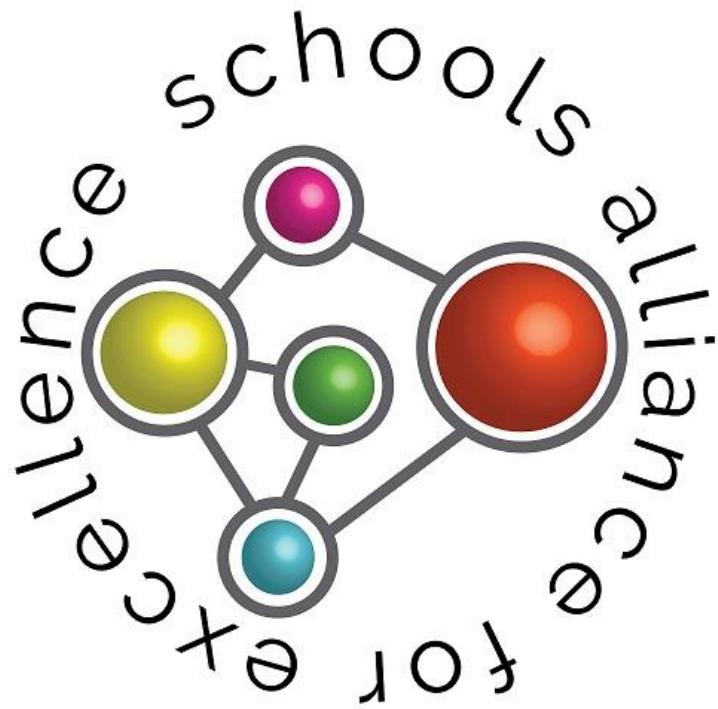


USING THIS RESOURCE

This resource has been created for you to use with your parent/carer community.

The clip is 30 minutes long and contains plenty of practical, realistic and useful information for parents about supporting their own wellbeing as well as that of their children. The clip has been prepared by Dr Alison D'Amario, Educational and child psychologist

Please add your own slides to this presentation to personalise it for your families and include any other school specific information that you would like to share



SUPPORTING THE WELLBEING OF YOUR FAMILY DURING LOCKDOWN

CLICK ON THE IMAGE TO PLAY



Schools Alliance for Excellence



Supporting the Emotional Well-being
of your Family During Lockdown

Dr Alison D'Amario

Educational and Child
Psychologist

Xavier Catholic Education Trust

