

Calling all girls who want to try rugby!



Girls Rugby

Old Reigatian Rugby Club now has a thriving Girls section with over 85 players ranging in age from school year 3 up to school year 13 – so about 8 up to 18.

The girls have loved playing rugby so much that every summer we run a FREE program to give new girls the opportunity to come along and give rugby a try and this has proved to be hugely popular.

Our fantastic group of coaches will focus on teaching basic skills such as running, passing and catching – but mostly the sessions are designed to be fun. The girls play ‘touch rugby’ in the summer and tackling is just a two-handed tap on the opponent’s hips so it is a very gentle introduction to a sport that we all love.

Rugby is described as a game for all shapes & sizes and no previous experience is needed at all – so any girl can come along. The sessions are a great way to have a go at a new sport and make loads of new friends!

How can they get involved?

Training sessions run from 6pm – 7.15pm every Thursday from May 2nd and will be held at our fantastic grounds in Park Lane, Reigate RH2 8JX.

Questions?

Call or email the head of Old Reigatian’s Girls section, David McGuigan on:

07540 706525 or david.mcguigan@oldreigatianrfc.com