

At Wray Common we strive to ensure that our children are equipped with the necessary skills and knowledge to deal with the online world and mobile technologies responsibly and safely. E-Safety is entwined within our school curriculum so that it has a strong presence throughout each academic year.

The online and mobile technology world is an exciting environment for children, however, can be an extremely dangerous place if a child isn't supported, guided and trained to prevent and deal with inappropriate situations. Openness and trust is key to being safe online. Children shouldn't want to shy away from telling their parents that they have seen something 'bad' online or on a social networking app for fear of losing their access to a phone or tablet.

Please take a look at our online resources below and watch out for our termly E-Safety workshops. You may wish to make an appointment with your child's class teacher or the Computing Leader – Mr Squires if you require more advice or have any concerns.

Parental Controls	<u>Tips for Safe Internet Us</u>	Guides, CEOP and supporting online magazines
<p>Restrict your child's access to unsuitable websites and limit the amount of time they can use the internet by using parental control software. There are several ways to do this:</p> <ul style="list-style-type: none"> • Many internet service providers such as Sky, Virgin and BT internet include parental options with your broadband package. • Use the inbuilt parent controls that are part of Windows or Mac operating systems. • Download one of the many apps that give extra control over smartphones and tablets. • Don't forget that 	<p><u>Unsuitable Internet Content</u></p> <p>Sadly, some of the most innovative, exciting websites on today's internet can be damaging for your child due to the type of content that can be accessed through them. You may want to think seriously about whether you want your child to have access to YouTube, Facebook, Skype (with webcams) and so on. A rule of thumb should be that if you are not sure what your child is accessing then try it out yourself, and restrict all use to family rooms within the house.</p> <p>Play and share online games with your child. Find out what they do online. If you are happy for them to play these games let them know, if you</p>	<p>Digital Parenting Magazine</p> <p>http://www.vodafone.com/content/parents/digital-parenting/magazines.html http://www.vodafone.com/content/parents/digital-parenting/magazines.html</p> <p><u>Parent's and Carer's Guide to Video Game Ratings</u></p> <p>http://www.videostandards.org.uk/VSC/games_ratings.html</p> <p><u>PEGI Ratings Site</u></p> <p>http://www.pegi.info/en/index/</p> <ul style="list-style-type: none"> • The Pan European Game Information ratings for video games explained <p><u>Ask About Games – where parents make sense of</u></p>

<p>modern games consoles have internet access – there are parental controls available for most of today’s consoles, and offered as settings within each game.</p> <p>Microsoft Parental Controls – Free Download</p> <p>http://windows.microsoft.com/en-GB/windows7/products/features/parental-controls</p> <ul style="list-style-type: none"> • Control the times children can use the PC/laptop • Control the programmes they can use, games they can play • Monitor online activity <p>Which? Parental Control Advice</p> <p>http://www.which.co.uk/baby-and-child/child-safety-at-home/guides/parental-control-software/</p> <ul style="list-style-type: none"> • How to set up parental controls in your browser settings 	<p>are not, explain why. Suggest some games that you, and they, may prefer.</p> <p><i>If your child has a phone, text them and share the details of your family life with them – times and places, etc. Build up communication channels. Show them that you are online too.</i></p> <p>Encourage responsibility – their online actions have real life consequences. If you are suspicious that your child is chatting with people who they don’t know or sharing / being the recipient of unwanted messages and photos, ask to see their phones, laptops, etc.</p> <p><i>Ensure that you know when and where your child is accessing the internet and from which device. Remember that smart phone,. Tablets and laptops all have built in cameras and webcams.</i></p> <p>Facebook and Twitter accounts all have an official minimum age older than primary school age. This is for a reason – many primary school children do not have the sophisticated social skills required to sustain communications of this sort.</p> <p><i>Limit the amount of time your child spends on the internet/games console to that which you feel is acceptable.</i></p>	<p><u>video games</u></p> <p>http://www.askaboutgames.com/</p> <p><u>5 Tips for Playing with your Children in the Digital World</u></p> <p>http://learningworksforkids.com/2012/04/5-reasons-why-parents-should-play-video-games-with-their-children/</p> <p>-</p> <p><u>CEOP’s safer internet website with area for parents and carers</u></p> <p>http://www.thinkuknow.co.uk/</p> <p>-</p> <p><u>Understanding Cyber Bullying – A Parents’ Guide</u></p> <p>http://www.bbc.co.uk/schools/parents/cyber_bullying/</p> <p><u>Know Where to Go</u></p> <p>How to remove online content from Facebook, Youtube, and report online content in general</p> <p>http://www.youtube.com/playlist?list=PLJpo3oC1S14kwQi-jpmces-4pcAvNONmW</p> <p>-</p> <p><u>Cyber Street Wise – The ‘Cyber Streetwise’</u> campaign aims to change the way people view online safety and provide the public and businesses with the skills and knowledge they need to take control of their cyber security. The campaign includes a new easy-to-use website and online videos.</p> <p>https://www.cyberstreetwise.com/#!/street</p>
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<p>UK Safer Internet Centre</p> <p>http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parental-controls</p> <ul style="list-style-type: none"> • How to set up the parental controls offered by your internet provider • BT • Sky • Talk Talk • Virgin Media 	<p>Install parental control software on their account and on other devices that they use.</p> <p>Ensure everyone in your family is aware of the Report Abuse icon and what it stands for.</p>	



Direct links for support and information



Think U Know Website for Parents – from CEOP



Internet Safety for Parents from eyePat



Internet Safety for Parents from DirectGov

Know It All For Parents from

ChildNet International



Good Gaming Guide from PEGI – Pan European Game Information Website



Jigsaw – a film intended for 8-10 year olds – from CEOP



Cyberbullying and Online Safety from – from Kidscape



Text Speak Made Easy – from Talk Talk